

Genesis 4:1-8

☐ Monday - True Worship.

Genesis 4:3-5

“And the Lord had regard for Abel and for his offering; but for Cain and for his offering He had no regard” (Gen. 4:3-5). The offspring of Cain’s religion has been a monotonous array of world religions; but God has “no regard” for all such man-made worship. “Yet an hour is coming, and now is, when the true worshipers shall worship the Father in spirit and truth; for such people the Father seeks to be His worshipers” (John 4:23). Friend, are you worshipping God on His terms or someone else’s (perhaps your own)? Is your’s a religion of convenience or commitment? Read Proverbs 15:8; Matthew 15:8

☐ Tuesday - How About Monday?

Genesis 4:3-8

“Cain brought an offering to the Lord ... And it came about when they were in the field, that Cain rose up against Abel his brother and killed him” (Gen. 4:3, 8). The real condition of Cain’s heart was revealed after the worship which he pretended to offer. And so it is, we bring out our Sunday-best, but what is your Monday like? We sing, “Give me that old-time religion,” on Sunday, but, “Give me that part-time religion,” Monday through Saturday! What about you? Is there a veneer of religion covering a heart that is dissatisfied or discontent? May God, grant us repentance from Sunday-sometimes Christianity! Read Deuteronomy 6:5

☐ Wednesday - Therapy that Works.

Genesis 4:6-7

“Then the Lord said to Cain, ‘Why are you angry? And why has your countenance fallen? If you do what is right, will not your countenance be lifted up?’” (Gen. 4:6-7a). “Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise Him, for the help of His presence” (Psa. 42:5). Millennia before the advent of modern psychology, this was the cure for most of what is called “clinical depression” today. Read Psalm 55:22

☐ Thursday - The Beast-Master.

Genesis 4:7

“And if you do not do well, sin is crouching at the door; and its desire is for you” (Gen. 4:7). O what a nasty little menagerie of sins some keep as house pets; they crouch at the door, ready to pounce. There is but one way to master these little beasts: “Put on the Lord Jesus Christ, and make no provision for the flesh in regard to its lusts” (Rom. 13:14). Christ is the Beast-Master. Read Romans 6:14

☐ Friday - Kingdom Seekers.

Genesis 4:8

“Cain rose up against Abel his brother and killed him. Then the Lord said to Cain, ‘Where is Abel your brother?’” (Gen. 4:8b-9). As was the case after the first sin, God came to the sinner, not the sinner to God (cf. Gen. 3:9, 4:9). And yet, we are commanded to seek the Lord (Isa. 55:6; Mt. 6:33; Heb 11:6); however, sin disables us from doing so (Rom. 3:11). And so, God initiated the search by: [1] sending His Son “to seek and to save that which was lost” (Lk. 19:10); [2] drawing us to Himself (Jer. 31:3; Jn. 6:44); and [3] giving us His Holy Spirit to enable us to seek after Him (Jer. 29:13). Read Jn. 10:24-28